



MUSIC · UNIQUE EXPERIENCES · SOCIAL CONNECTION · EDUCATION

# BASSOON

Instructor: Cara Luffey  
Monday – Friday  
11:20 AM – 12:35 PM

Take your bassoon playing to the next level with group lesson deep dives into critical topics like: fundamentals, self care, audition preparation and best practices, repertoire, and reed adjustment.

## More detailed description (per day):

### MONDAY

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**Fundamentals:** scales, Weissenborn etudes, essential practicing techniques.

### TUESDAY

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**Self care:** Basic needs, calming breathing techniques, tension release exercises and stretches, hearing protection, safe seating/posture.

### WEDNESDAY

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**Reed adjustments.**

### THURSDAY

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**Repertoire. Individual mini lessons.**

### FRIDAY

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**Audition/performance best practices. Masterclass performances.**